



St. Catherine Church

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SATURDAY, February 23: VIGIL OF THE SEVENTH SUNDAY IN ORDINARY TIME

5:00 p.m. MASS – † Harry Cholewinski by Ken and Kathryn Ross

SUNDAY, February 24: SEVENTH SUNDAY IN ORDINARY TIME

9:00 a.m. MASS – † Living and Deceased Members of Saint Catherine of Siena Parish

Monday, February 25: Weekday

8:00 a.m. – † Toni Hancock by Family

Tuesday, February 26: Weekday

8:00 a.m. – † Bernardine Witychak by Bob and Ann Gilliland

Wednesday, February 27: Weekday

8:00 a.m. – † Gary Wilson by Joe and Maria Danish

Thursday, February 28: Weekday

8:00 a.m. – † Patty Magusiak by Daily Mass Group

Friday, March 1: Weekday

8:00 a.m. – † Anna Salamon by Don and Martha Cullen

SATURDAY, March 2: VIGIL OF THE EIGHTH SUNDAY IN ORDINARY TIME

5:00 p.m. MASS – † Mercy Miller by SVDP Ladies

SUNDAY, March 3: EIGHTH SUNDAY IN ORDINARY TIME

9:00 a.m. MASS Living and Deceased Members of Saint Catherine of Siena Parish

Deacon Don Gibboney will be teaching a 10 week course on the history of the Catholic Church at **Most Holy Trinity Parish** in Huntingdon starting on **Tuesday, March 5, 2019** from 6:30-8:30 p.m. and will meet each Tuesday evening through May 7, 2019. The course is meant to give an overview of church history from the time of the Apostles in the first century A.D. through the present age. The course will focus on 6 different eras of church history and how the people of each era worked through problems that threatened the church, how they resolved each problem and then entered into a period of renewed growth. The course is offered through the Altoona-Johnstown Diocese Office of Adult enrichment and Lay Ecclesial Ministry. For information on registration please visit the Diocesan web site at: dioceseaj.org.

The Basilica of St. Michael the Archangel invites you to our **Annual Men's Turkey Dinner** on **Sunday, March 17th** from 11 AM to 3 PM This is the 57th year that the parish men will prepare and serve a roasted turkey dinner with all of the trimmings and dessert! The dinner will be held at Our Lady of Loretto Hall. Eat in-Adults \$10, Takeout \$11 and Children 10 and under \$6. Come and enjoy a delicious turkey dinner and Basket Raffle!

Schedule of Liturgical Ministries for March 2/3 2019

MASS	Lectors	Altar Servers	Hospitality Ministers (Greeters)	Extraordinary Ministers of Holy Communion
Saturday 5:00 p.m.	Maggie Stiffler	Mary Secrest	Janet Daschbach	Maggie Stiffler
Sunday 9:00 a.m.	Louise Ketner Beth Lear	Aubrey Roddy Michael Chilcote	Alison Roddy	Louise Ketner

Liturgical Reflection The solemn exposition of the Holy Eucharist offers the opportunity to the people of God for prayerful reflection on their call to a deeper devotion to the Eucharist. And this deep reverence and devotion challenge believers to a more faithful living of the Christian life. Eucharistic Adoration provides God’s people with an opportunity to become more aware of Christ’s presence with his people. Adoration also invites the faithful to a spiritual communion with the Lord Jesus. Prayer before the reserved Sacrament helps focus attention on the Eucharistic Lord who feeds our hungers and quenches our thirsts. Order for the Solemn Exposition of the Holy Eucharist, 1993, Number 3.. Diocese of Altoona-Johnstown, Liturgy Office, 925 South Logan Boulevard, Hollidaysburg, Pennsylvania 16648.

STEWARDSHIP REFLECTION Today’s Gospel is full of stewardship advice: give to everyone who asks; expect nothing in return; do not judge or condemn; love your enemies. Live your life with kindness and great mercy!

PRO LIFE CORNER

“The question is not “When can a baby live outside the womb?” – the question is “When can a baby be allowed to live inside the womb?”



Start with the Soul

For many people, caring for one’s soul is the springboard to overall good health. Writer Guy Macpherson says, “I believe there is a direct link between the spiritual and physical states of our being. How can it be any other way?” Prayer can enrich the spirit and contribute to a healthier and happier life. “Prayer is what gets me through life; it is my mainstay and brings me strength.” Says one woman. “If I didn’t have prayer and faith to rely on, I can’t imagine enduring and overcoming the ordeals of modern



SANCTUARY CANDLE:
Poor Souls



GIFT BEARERS for:

Saturday, March 2, 2019: SVDP
Sunday, March 3, 2019: Ushers

COLLECTION COUNTING SCHEDULE for:

Sunday, February 24, 2019: Maggie Stiffler
Sunday, March 3, 2019: Dennis Drake

Gospel: Luke 6:27-38

In studying the effects of religion upon family relationships, researches inform us hostility and prayer can’t co-exist. You cannot be hostile toward someone for whom you are praying. Today’s gospel encourages us: “Bless those who curse you. Pray for those who treat you badly.”



Birthdays Ellen Booher, Lewis Bellucci, Frank Miller.

life.”

Dr. Harold Koenig of Duke University says, “Prayer seems to reassure patients that they are not alone in their struggle.” He believes that a patient’s spirituality is critical to wellness.

Hope Dispigno says that prayer played a vital role in her recovery from a serious illness. “I prayed to God for healing, and He answered my prayers. His presence was always with me and enabled me to endure the ‘low point’ of the illness...when you feel the weakest and most vulnerable,” she said. Many simple moments of life can contribute to spiritual well-being. In taking a walk in a park or watching the sunset, we’re reminded of the beauty of nature-and that in turn reminds us of God’s tender care as well as His majesty and power. Here are some suggestions to refresh your soul:

Pray everyday.

Count your blessing.

Spend time with nature.

Attend a Bible study class or prayer group.

Read about and discuss ethics, morality and God.

Serve in a ministry that helps others.

Keep a journal focused on your spiritual life.

Honor the temple that is your body.

Give Me Love to Love Others

Dear Lord,

Your love for us is perfect. Help us to learn to love like you. Sometimes we find ourselves in situations when it is hard to love others. Helps us, Lord, to always remember that you have commanded us to love others as ourselves. Thank you for loving us so perfectly. May we truly learn to love like you, Amen.

Take Care of Yourself

What constitutes good health? A strong, healthy body? A positive outlook? A balanced mind and soul. Taking care of the whole you also means recognizing and respecting your innate worth as God’s unique creation. *Do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? 1 Corinthians 6:19*

LIVE MASS aired Every Sunday from Saint John Gualbert Cathedral in Johnstown on **WATM-TV ABC Channel 23** If you are homebound and not able to attend the Sunday Mass, please watch our Diocesan Program Proclaim at 10:30 a.m. and the live telecast of Sunday Liturgy at 11:00 a.m.

DEPRESSED OR ANXIOUS? NEED SOME HELP AND SUPPORT?

Catholic Charities, an agency of the Diocese of Altoona-Johnstown offers professional, confidential counseling for individuals, children and youth, families, and couples. Please call them at 944-9388 for more information.



Working to Reduce Poverty in America.

OVERWHELMED BY BILLS? NEED HELP WITH UTILITY TERMINATIONS?

Catholic Charities, a program of the Diocese of Altoona-Johnstown, offers qualified applicant’s emergency financial assistance to help pay utility costs, medications, rent and temporary housing, and transportation expenses. Please call them at 944-9388.

Faith & Light- Sharing Faith & Friendship with Intellectual Disabled Persons

A faith sharing group which also includes family members, caregivers, friends. Meets monthly, Sundays, 1:00-4:00 p.m. at a handicap accessible location. Call Gaye (814) 472-7317 of Family Life Office (814) 886-5551. www.faithlife@dioceseaj.org