

Bishop: Most Reverend Mark L. Bartchak, JCD

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#### SATURDAY, January 5: VIGIL OF THE EPIPHANY OF THE LORD

5:00 p.m. MASS – † Josephine Neason by Kim Clemens and Family

SUNDAY, January 6: THE EPIPHANY OF THE LORD

9:00 a.m. MASS - † Living and Deceased Members of Saint Catherine of Siena Parish

Monday, January 7: Christmas Weekday

8:00 a.m. - † Willie Golden by Will Crouse

Tuesday, January 8: Christmas Weekday

8:00 a.m. - † Patty Magusiak by Carmen Rivera

Wednesday, January 9: Christmas Weekday

8:00 a.m. - † Hazel and Joseph Castricoma by Hazel Kasmark

Thursday, January 10: Christmas Weekday

**8:00 a.m.** – † In Thanksgiving by Mary

Friday, January 11: Christmas Weekday

8:00 a.m. - † Willie Leone by Family

## SATURDAY, January 12: VIGIL OF THE BAPTISM OF THE LORD

**5:00 p.m. MASS** – † Betty Appleby by Mary Lou

SUNDAY, January 13: THE BAPTISM OF THE LORD

9:00 a.m. MASS Living and Deceased Members of Saint Catherine of Siena Parish

"Grasp" Priority Time: It's a New Year and you need to plan a variety of activities that you and your partner can look forward to for the rest of the year! Focus on being together. G is for games. Each partner chooses one or more games to play-old favorites or new! Be creative and play games. R is for romance. Each partner writes a scenario for what they consider a romantic evening. Plan two separate evenings-one for each scenario or combine both scenario to meet the desires of both partners in one evening. A is for academic. Take a course together or go to the library and research a new topic that interests both of you. S is for spiritual. Plan to attend a retreat or a spiritual lecture together; attend church services together to start your day. "Divine Spirit, grant us this day's portion of grace. Bring us closer to You and close to each other. Amen." P is for physical. Join a gym or fitness center and work out together as often as possible. Take a yoga class together and practice the postures together several times a week. Learn a new sport together!

**Bulletin and Parish Announcements:** To place an article into our bulletin, please contact the Parish Office by 10:00 a.m. Tuesday before the weekend. To place an announcement for the weekend Masses, please contact the Parish Office before 12:00 p.m. on Friday.

Schedule of Liturgical Ministries for January 12/13 2019				
MASS	Lectors	Altar Servers	Hospitality Ministers (Greeters)	Extraordinary Ministers of Holy Communion
Saturday 5:00 p.m.	Elizabeth Stasenko	Guy Kumpf	Mary Lyons	Elizabeth Stasenko Ann Gilliland Andrea Christoff
Sunday <b>9:00 a.m.</b>	Cathy Wilson Beth Lear	Lauren Todaro	Therese Branigan	Beth Lear Mary Secrest Marcia Slates

**Liturgical Reflection** Today we join the three men from the east who have come to acknowledge the presence of divinity on this earth. The infant child is indeed the Eternal Word of God. And this divine gift is just not for God's holy people Israel. The Savior has arrived on this earth for the redemption of all peoples. These foreign travelers stand for all of us who are not members of God's chosen people Israel. Nonetheless, God has sent his Savior Child for the redemption of all people. Diocese of Altoona-Johnstown, Liturgy Office, 925 South Logan Boulevard, Hollidaysburg, Pennsylvania 16648.

STEWARDSHIP REFLECTION The Magi were led to the Savior by the light of the star. May we, as baptized Catholics, lead others to Jesus by the Light of our Faith.

Finding Your Own way to Pray: Susan isn't comfortable raising her arms in praise. Jim found Forty Hours devotion less than satisfying even as an altar boy. As children, we both learned the rosary but seldom say it. None of these prayer styles is wrong; it's just that prayer is such a personal experience. What inspires one person bores another. What seems old-fashioned to one connects another with their religious heritage.

**Prayer**, be it memorized or spontaneous, individual or communal, filled with incense or the fragrance of pine needles in the woods, is communication with God. Most people eventually seek answers to life's persistent questions: Is there anything more than what meets the eye? Is there really an afterlife? We may not often be aware of these yearnings, but sooner or later, a crisis occurs, a life-changing decision is before us or we simply marvel at the miracle of a newborn child-and so we pray.

Are we holier if we pray more? Yes, prayer puts us in a more conscious relationship with God. This



## SANCTUARY CANDLE: Poor Souls



GIFT BEARERS for:

Saturday, January 12, 2019: Mary Lou Sunday, January 13, 2019: Ushers

COLLECTION COUNTING SCHEDULE for:

Sunday, January 6, 2019: Will Crouse Sunday, January 13, 2019: Mary Secrest

Gospel: Mt. 2:1-12

After meeting Jesus, the Magi returned home by "another way." What in your family needs to be done "another way?" Do you need another way to resolve differences, to communicate or show affection? This is a new year. It's time to change what isn't working. Take a tip from some wise men, there's always "another way."



**Birthdays** Esther Gaisior, Edward McMath, Kathryn Ross.

relationship of thankfulness, dependence, trust and honor should make us better people-more aware of our inner selves and more attentive to the needs of others.

Prayer generally falls into the broad categories of verbal or nonverbal, individual or communal, memorized or spontaneous, contemplative or active. Those seeking a more prayerful life might experiment with many forms of prayer and let trial and error lead them to deeper conversation with God.

Remember, prayer is basically conversation with God. Books and organized prayer can help, but if you have a relationship with someone, you want to spend time together. If you can talk, you can pray. Talking isn't even required; just being in each other's company is what counts.

But prayer isn't all there is to spirituality. Becoming a holier, more spiritual person includes having an attitude of gratefulness, looking for the good in others rather than complaining, living out the corporal and spiritual person works of mercy, and doing the dishes and changing diapers as acts of service for those we love. Donating money so that others' lives may be a little better, putting up with annoyances, enduring an illness or physical pain, sacrificing our wants for needs of another-all these actions makes our hearts bigger and deepen our spirituality.

Consider this: If you're too busy to pray, you're too busy.

# Faith & Light- Sharing Faith & Friendship with Intellectual Disabled Persons

A faith sharing group which also includes family members, caregivers, friends. Meets monthly, Sundays, 1:00-4:00 p.m. at a handicap accessible location. Call Gaye (814) 472-7317 of Family Life Office (814) 886-5551. <a href="mailto:www.faithlife@dioceseaj.org">www.faithlife@dioceseaj.org</a>

**LIVE MASS** aired Every Sunday from Saint John Gualbert Cathedral in Johnstown on **WATM-TV ABC Channel 23** If you are homebound and not able to attend the Sunday Mass, please watch our Diocesan Program Proclaim at 10:30 a.m. and the live telecast of Sunday Liturgy at 11:00 a.m.

#### PRO LIFE CORNER

Gandhi once said: "It seems to me clear as daylight that abortion would be a crime." One of most respected men of the last century got it; when will we?



## DEPRESSED OR ANXIOUS? NEED SOME HELP AND SUPPORT?

Catholic Charities, an agency of the Diocese of Altoona-Johnstown offers professional, confidential counseling for individuals, children and youth, families, and couples. Please call them at 944-9388 for more information.



### OVERWHELMED BY BILLS? NEED HELP WITH UTILITY TERMINATIONS?

Working to Reduce Poverty in America. Catholic Charities, a program of the Diocese of Altoona-Johnstown, offers qualified applicant's emergency financial assistance to help pay utility costs, medications, rent and temporary housing, and transportation expenses. Please call them at 944-9388.

Know someone married 5 or 10 years? A son or daughter, sibling, niece or nephew, or you yourselves...Bishop Mark has a message for you! To receive this letter, send the couple's name, mailing address, email and whether married 5 or 10 years to the Family Life Office, 5379 Portage St., Lilly, PA 15938; 814-886-5551; familylife@dioceseaj.org. Be sure to indicate it is for the anniversary letter from Bishop Mark.